

Main Courses

Chicken Breast, Stuffed with Garlic & Cashel Blue Cheese or a Herb Cheese Stuffing €13.95
(Choice of Roast Stuffed Chicken Breast with Blue Cheese & Garlic or a Milder Herb Cheese)

Pan Grilled sirloin steak (10oz) €21.95
(served with Sautéed Onions & Mushrooms and a choice of peppercorn sauce or garlic butter)

O'Dowd's Beef & Guinness Stew €14.95
(Tender pieces of Irish Beef, Slow-cooked with Carrots, Onions, Mushrooms, Herbs & O'Dowd's Guinness, Served with Boiled Potatoes)

Vegetarian

Home-Made Black Eyed Bean Burger with a spicy tomato sauce €12.95
(Black Eyed Beans mixed with Vegetables & Herbs, Served with Chips or Salad)

Baked Aubergine & Sweet Potato with Goat's Cheese Topping €13.95
(Sliced Aubergine, Courgette and Sweet Potato, Baked with a Goat's Cheese topping & Balsamic Glaze)

Fish Dishes

Pan-Fried Fillets of our Catch of the Day €14.95
(Our fish of the day, lightly floured and shallow fried, served with tartar sauce & Lemon Wedge)

Fillet of Fresh Connemara Salmon €15.95
(Choose from poached or grilled & served with either Lemon Butter or our Own fresh Garden Fennel Sauce)

Seafood Au Gratin €21.95
(Cod, Salmon, Oyster & Mussels in a wine & cream sauce, topped with grated cheese/breadcrumbs & browned under grill)

(All above main courses are served with mash, boiled Potato or Chips and Selection of Vegetables or Salad)

Curries

Fish Curry (Cod & Scampi) with Boiled rice (Medium Spiced) €16.95
(Fresh Cod & Scampi cooked gently in our own Home-made Curry Sauce)

Chicken Curry with Boiled rice (Medium Spiced) €12.95
(Tender Pieces of White Chicken Breast in a Home-made Curry Sauce)

Pastas

Smoked Salmon Pasta €12.95
(Ribbons of Connemara Smoked Salmon, Cooked gently in a light Cheese Sauce And served on a Bed of Tagliatelle Pasta)

Side Orders

Chipped potatoes €3.50

Vegetables €2.95

Side Salad with Cesar or French dressing €2.50

*All our Meat is 100% Irish Reared.
Our Chicken is Organic Irish Reared from Co. Cork.
All our Fish is sourced locally.*